

June 4, 2021

Did You Know?

How many of these chocolate facts did you already know?

- There are holidays celebrating chocolate every single month in the United States, sometimes multiple holidays. As reported in the Wellness Newsletter, June 7 is National Chocolate Ice Cream Day. There is also National Rocky Road Ice Cream Day (June 2), National Chocolate Macaroon Day (June 3), National German Chocolate Cake Day (June 11), National Fudge Day (June 16), National Eat an Oreo Day (June 19), National Chocolate Eclaire Day (June 22), National Pralines Day (June 24), National Chocolate Pudding Day (June 26), and National Almond Buttercrunch Day (June 29).
- The average person will consume 10,000 chocolate bars in a lifetime.
- Seven billion pounds of chocolate and candy are manufactured each year in the United States.
- Never give a dog chocolate. It contains theobromine, which is a central nervous system stimulant. Even as little as 2 oz. of chocolate can kill a small dog.
- The same goes with your pet parrot—no chocolate or avocados. They are both highly toxic and can be fatal.

- The largest chocolate bar ever weighed just over 12,770 lbs.
- 22% of all chocolate consumption takes place between 8 p.m. and midnight.
- More chocolate is consumed in winter than any other season.
- Hershey's makes 70 million Kisses every day, and enough annually to make a 300,000-mile-long line of Kisses.
- Snickers is the best-selling candy bar in the U.S.—and worldwide! Second highest selling in the U.S. is the Reeses Peanut Butter Cup. The Toblerone is the secondhighest selling candy bar worldwide.



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