

## 2022-2023 School Year – 9<sup>th</sup> – 12<sup>th</sup> Grade

# FIELD TRIP



The School Nutrition Department is offering a **Power-Packed Lunch** for field trips.

On \_\_\_\_\_  
your child's classroom is going on a field trip that will require a sack lunch. Your child may sign up for this **Power-Packed Lunch** or bring lunch from home. Meals for students are free this school year.

Please complete this form and return it to your child's teacher no later than \_\_\_\_\_ to reserve a lunch.



Chaperones may also purchase a **Power-Packed Lunch** at the adult price of \$4.25. (*Money cannot be taken out of child's account for the parent lunch.*) Please enclose money when you return your request for a Power-Packed Lunch.

Teacher \_\_\_\_\_

Chaperone \_\_\_\_\_  
(Parent purchasing a Power-Packed Lunch \$4.25 enclosed)

Student's Name \_\_\_\_\_ ID# \_\_\_\_\_  
(Student signing up for a Power-packed lunch)

### Sandwich Choices (*check one*)

- ☐ Peanut Butter & Jelly Sandwich  
(May not be an option due to classroom Food Allergies)
- ☐ Sliced Ham
- ☐ Sliced Turkey

### Drink Choices

- ☐ White 1% Milk
- ☐ Chocolate Skim Milk  
(Fruit Juice included as fruit below)

### POWER-PACKED LUNCH INCLUDES:

Sandwich on a whole grain bun –  $\frac{3}{4}$  Cup Fresh Vegetables –  
100% Fruit Juice Box – Sunchips – One Fruit Choice  
(Mustard & Mayo Packet, Napkin)

In order to accommodate all field trips, this form **must be received** by the building kitchen staff by 1:00 p.m., **fourteen days prior to the field trip.**

Date Received \_\_\_\_\_