

SP_EastTF - Meet Practice & Meet Calendar 2023

ical: <https://goo.gl/u8otds>

WEEK	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1	3/06 Practice 4:05 - 6:15 <i>Athletes meet in the SPEHS wrestling room - do not change into workout clothes.</i>	3/07: ACT for Juniors Practice 4:05 - 6:15	3/08 Practice 4:05 - 5:45 Staff Meeting 5:45 - 6:15	3/09 Practice 4:05 - 6:15 50 Minute Fundraiser Preparation Day	3/10 Practice 4:05 - 6:15	3/11 Uniform Handout 11:00 - 12:00 Practice 12:00 - 2:00
2	3/13 Practice 4:05 - 6:15 Last Chance Uniform Handout After Practice	3/14 Team Photos 4:05 - 5:25 50 Minute Fundraiser 5:25 - 6:15	3/15 Practice 4:05 - 5:45 Staff Meeting 5:45 - 6:15	3/16 Practice 4:05 - 6:15	3/17 Practice 4:05 - 6:15	3/18: SPRING BREAK Practice 11:00 - 2:00
3	3/20: SPRING BREAK Practice 4:00 - 5:30	3/21: SPRING BREAK Practice 4:00 - 5:30	3/22: SPRING BREAK Practice 4:00 - 5:30	3/23: SPRING BREAK Practice 4:00 - 5:30	3/24: SPRING BREAK Practice 4:00 - 5:30	3/25: SPRING BREAK Practice 11:00 - 1:00
4	3/27 Practice 4:05 - 6:15	3/28 Red Hawk Challenge (Ripon College Indoor) (3:30 start)	3/29 Practice 4:05 - 5:45 Staff Meeting 5:45 - 6:15	3/30 Ripon FR/SO Showcase Meet (Ripon College Indoor) (4:00 start)	3/31 Practice 4:05 - 6:15	4/01 Practice 11:00 - 2:00

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WEEK	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
5	4/03 Practice 4:05 - 6:15	4/04 Big 8 Triple Dual Meet (All Athletes) Madison East & Sun Prairie West @ HOME (4:30 start)	4/05 Practice 4:05 - 5:45 Staff Meeting 5:45 - 6:15	4/06: End of 3rd Quarter Practice 4:05 - 6:15	4/07: No School (PD) No Practice	4/08 Optional Practice TBD (by event groups)
6	4/10 Practice 4:05 - 6:15	4/11 Big 8 Dual Meet (All Athletes) Janesville Parker @ HOME (4:30 start)	4/12 Practice 4:05 - 5:45 Staff Meeting 5:45 - 6:15	4/13 Practice 4:05 - 6:15	4/14 Practice 4:05 - 6:15	4/15 McFarland Invite (2:00 start)
7	4/17 Practice 4:05 - 6:15	4/18 Big 8 Dual Meet (All Athletes) @ Janesville Craig (Monterey Stadium) (4:30 start)	4/19 Practice 4:05 - 5:45 Staff Meeting 5:45 - 6:15	4/20 Practice 4:05 - 6:15	4/21 MG Invite @ Monona Grove (4:00 start) No JV Practice	4/22 Optional Practice TBD (by event groups)
8	4/24 Practice 4:05 - 6:15	4/25 Big 8 Dual Meet (All Athletes) @ Madison LaFollette (Lussier Stadium) (4:30 start)	4/26 Practice 4:05 - 5:45 Staff Meeting 5:45 - 6:15	4/27 Jefferson JV Invite @ Jefferson (JV Athletes) (4:00 start) Practice 4:05 - 6:15	4/28 Paul Frank Invite (Varsity) @ HOME (4:00 start) JV Work Meet	4/29 Optional Practice TBD (by event groups)
9	5/01 Practice 4:05 - 6:15	5/02 Wild-Card Invite (All Athletes) @ HOME w/ Middleton, Verona, & SP West (4:30 start)	5/03 Practice 4:05 - 5:45 Staff Meeting 5:45 - 6:15	5/04 Waterloo Invite @ Waterloo (JV & Some Varsity Athletes) (4:00 start) Practice 4:05 - 6:15	5/05 Practice 4:05 - 6:15	5/06 Myrhum Invite (Varsity) @ Arrowhead (2:00 start)

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WEEK	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
10	5/08 Practice 4:05 - 6:15	5/09 Big 8 Late JV Conf. (Final JV Meet) @ Madison Memorial (Mansfield Stadium) (4:30 start)	5/10 Practice 4:05 - 5:45 (Varsity) Staff Meeting 5:45 - 6:15	5/11 Practice 4:05 - 6:15 (Varsity)	5/12 Big 8 Conference (Varsity) @ Middleton (Breitenbach Stadium) (3:30 start)	5/13: SPEHS Prom Optional Practice TBD (by event groups)
11	5/15 Sun Prairie Middle School City Meet @ HOME Everyone Works (Big 8 Conference Rain Date)	5/16 Practice 4:05 - 6:15 (Varsity)	5/17 Practice 4:05 - 5:45 (Varsity) Staff Meeting 5:45 - 6:15	5/18 Practice 4:05 - 6:15 (Varsity)	5/19 Practice 4:05 - 6:15 (Varsity)	5/20 Vault Fest (Pole Vaulters) @ HOME Optional Practice TBD
12	5/22 WIAA Regionals @ TBD	5/23 Practice 4:05 - 6:15 (Varsity)	5/24 Practice 4:05 - 5:45 (Varsity) Staff Meeting 5:45 - 6:15	5/25 WIAA Sectionals @ Mukwonago	5/26: No School (PD) Practice 4:05 - 6:15 (Varsity)	5/27 Optional Practice TBD (by event groups)
13	5/29: Memorial Day Practice 4:05 - 6:15 (Varsity)	5/30 Practice 4:05 - 6:15 (Varsity)	5/31 Practice 4:05 - 5:20 (Varsity) End of Season Night Dinner 5:30 - 6:30 Awards 6:45 - 8:30	6/01 Practice 4:05 - 6:15 (Varsity)	6/02 WIAA State @ Veterans Memorial Stadium UW-LaCrosse	6/03 WIAA State @ Veterans Memorial Stadium UW-LaCrosse
14	6/05 No Practice	6/06 Freshman Practice 4:05 - 5:30	6/07 Freshman Practice 4:05 - 5:30	6/08 Freshman Practice 4:05 - 5:30	6/09 Freshman Practice 4:05 - 5:30	6/10 Freshman State Meet @ Arrowhead HS

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DATE	MEET	ATHLETES	LOCATION
Tuesday, March 28	Red Hawk Challenge	Varsity (Mostly JR/SR)	Ripon College (Willmore Center)
Thursday, March 30	Ripon FR/SO Showcase Meet	FR/SO Athletes	Ripon College (Willmore Center)
Tuesday, April 4	Meet vs Madison East & SP West @ HOME	All Athletes	Sun Prairie East HS
Tuesday, April 11	Dual Meet vs Parker @ HOME	All Athletes	Sun Prairie East HS
Saturday, April 15	McFarland Invite @ McFarland HS	All Athletes	Lloyd Schneider Stadium
Tuesday, April 18	Dual Meet @ Janesville Craig	All Athletes	Monterey Stadium
Friday, April 21	Monona Grove Invite @ Monona Grove HS	Varsity	Monona Grove HS
Tuesday, April 25	Dual Meet @ Madison LaFollette	All Athletes	Lussier Stadium
Thursday, April 27	Jefferson JV Invite @ Jefferson	JV	Jefferson HS
Friday, April 28	Paul Frank Invite @ HOME	Varsity (JV Works)	Sun Prairie East HS
Tuesday, May 2	Wild-Card Invite @ HOME	All Athletes	Sun Prairie East HS

DATE	MEET	ATHLETES	LOCATION
Thursday, May 4	Waterloo Invite @ Waterloo HS	JV & Some Varsity	Waterloo HS
Saturday, May 6	Myrhum Invite @ Arrowhead	Varsity	Arrowhead HS
Tuesday, May 9	Big 8 JV Late Conf. @ Madison Memorial	JV	Mansfield Stadium
Friday, May 12	Big 8 Conference @ Middleton HS	Varsity	Breitenbach Stadium
Monday, May 15	SP Middle School City Meet	Everyone Works	Sun Prairie East HS
Saturday, May 20	Sun Prairie Vault Fest @ HOME	Select Vaulters (Vaulters Work)	Sun Prairie East HS
Monday, May 22	WIAA Regional @ TBD	Varsity	TBD
Thursday, May 25	WIAA Sectional @ Mukwonago	Select Varsity Qualifiers	Mukwonago HS
Friday, June 2	WIAA State Championships @ UW-LaCrosse	Select Varsity Qualifiers	Veterans Memorial Stadium
Saturday, June 3			
Saturday, June 10	Freshman State Meet @ Arrowhead	Freshmen	Arrowhead HS