

SPORTS OFFERED AT SUN PRAIRIE EAST HIGH SCHOOL

2022 - 2023

GO CARDINALS!!



FALL SEASON

<u>SPORT</u>	<u>GRADE</u>	<u>LEVELS</u>	<u>PRACTICE BEGINS</u>
Football	9 - 12	Varsity / JV / Varsity Reserve / Freshman	August 2, 2022
Golf - Girls	9 - 12	Varsity / JV	August 8, 2022
Cross Country (Boys & Girls)	9 - 12	Varsity / JV	August 15, 2022
Soccer - Boys	9 - 12	Varsity / JV / Freshman	August 15, 2022
Swimming - Girls	9 - 12	Varsity / JV	August 9, 2022
Tennis - Girls	9 - 12	Varsity / JV	August 9, 2022
Volleyball - Girls	9 - 12	Varsity / JV / Freshman	August 15, 2022

WINTER SEASON

<u>SPORT</u>	<u>GRADE</u>	<u>LEVELS</u>	<u>PRACTICE BEGINS</u>
Basketball - Boys	9 - 12	Varsity / JV / Varsity Reserve / Freshman	November 14, 2022
Basketball - Girls	9 - 12	Varsity / JV / Varsity Reserve / Freshman	November 7, 2022
Gymnastics - Girls	9 - 12	Varsity / JV (West/East Co-op)	November 7, 2022
Hockey - Boys	9 - 12	Varsity / JV (East/West Co-op)	November 7, 2022
Hockey - Girls	9 - 12	Varsity / JV (West/East Co-op)	November 7, 2022
Swimming - Boys	9 - 12	Varsity / JV	November 14, 2022
Wrestling	9 - 12	Varsity / JV (East/West Co-op)	November 14, 2022

SPRING SEASON

<u>SPORT</u>	<u>GRADE</u>	<u>LEVELS</u>	<u>PRACTICE BEGINS</u>
Baseball	9 - 12	Varsity / JV / Freshman	March 20, 2023
Softball	9 - 12	Varsity / JV / Freshman	March 13, 2023
Golf - Boys	9 - 12	Varsity / JV / Freshman	TBA / Approx. March 27, 2023
Tennis - Boys	9 - 12	Varsity / JV (East/West Co-op)	March 27, 2023
Soccer - Girls	9 - 12	Varsity / JV / Freshman	March 20, 2023
Track (Boys & Girls)	9 - 12	Varsity / JV	March 6, 2023
Lacrosse - (Boys)	9 - 12	Varsity / JV	March 6, 2023
Lacrosse - (Girls)	9 - 12	Varsity / JV (West/East Co-op)	March 6, 2023

Sports Related

Cheerleading	9 - 12	Varsity Co-ed	Fall & Winter
Pom/Dance Team	9 - 12	Varsity / JV	Fall & Winter

Other Sports Team Opportunities

Team Trainers
Team Managers

Athletic Department Website:
<https://www.sunprairieschools.org/east-high/athletics>

Email: cardinalsathletics@sunprairieschools.org

All student-athlete registrations are completed in Infinite Campus / School Store.

A current student-athlete physical must be on file in the athletic office before the first day of practice.

Note: Co-op: First school listed is the home school