# SP4K-Early Learning Newsletter

Stay Healthy 4K Families-

Flu season is upon us and sometimes it's hard to determine if it is a cold or the flu. The chart below can help:

#### **HEALTHY REMINDERS:**

- Good hand washing habits: warm water and soap while you sing Happy Birthday
  - After the bathroom, after blowing noses, before eating
- Healthy snacks with lots of fruits and vegetables
- Cough or sneeze into your elbow
- Plenty of sleep and lots of water
- If your child is running a fever (100.4 or higher without the use of fever reducing medication), vomiting, or have diarrhea they should stay home from school! \* Contact a doctor is severe symptoms persist.
- Contact your 4K site if your child will be absent or if they have been diagnosed with the flu.

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		C10
E cola	or the	ilu:
Signs and Symptoms	Cold	Flu
Symptom onset	Gradual	Abrupt
Fever	Rare	Usual
Aches	Slight	Usual
Chills	Uncommon	Fairly common
Fatigue, weakness	Sometimes	Usual
Sneezing	Common	Sometimes
Stuffy nose	Common	Sometimes
Sore throat	Common	Sometimes
Chest discomfort, cough	Mild to moderate	Common
Headache	Rare	Common

March 2020 Volume 2, Issue 6

## **REMINDERS:**

- March 3- Math Make and Take Night at Northside Elementary 5:30-7:00
- March 12 & 13 NO SCHOOL Parent Teacher Conferences
- March 23-27
- NO SCHOOL- Spring Break



This is not a stick...

It's a wand
It's a guitar
It's a shovel
It's a horse
It's a baton
It's a telescope
It's a sword
It's a microphone
It's a ski pole
It's a spoon
It's a fishing pole
It's a paddle.

and anything else a child can imagine!

## Registration K2K Summer School Program

# Summer School 2020 Requests can be submitted via Infinite Campus starting on March 9, 2020, 7 am.

How does a parent/guardian register their incoming Kindergarten child (current 4K) for Summer School?

Submitting Summer School Class Requests Via the Parent Portal in Infinite Campus

Parents/Guardians will submit their requests for their child's Kickoff to Kindergarten class through Infinite Campus.

Summer School registration will open on March 9, 2020 and close on April 15, 2020.

We will send parents/guardians a reminder of the registration opening date.

All students who are enrolled in the Sun Prairie Area School District have an Infinite Campus account. Parents/Guardians who have not enrolled and established their child's Infinite Campus account and do not have a parent portal, should complete the online request for enrollment. https://www.sunprairieschools.org/district/enrolling-students

When parents/guardians have completed their enrollment and have a parent portal to their child's Infinite Campus account, they will also establish a username and password for the portal.

Parents/Guardians will need to enroll their child and create an Infinite Campus account if:

- •They have not enrolled their children in the Sun Prairie Area School District
- •Are joining us from Parochial, Private, or Homeschool site
- •Are enrolling incoming Kindergarten students who did not attend 4K through the Sun Prairie Area School District.

If parents/guardians have any issues establishing or using their parent portal associated with their child's Infinite Campus account, they should contact the District Registrar, at 608.834.6571



# **SUMMER School Site - Principals**

## What school will my child attend during Summer School?

Students are assigned to a Summer School site based on the attendance area of the home school where they reside during the 2019-20 school year. (More information on "home-school" attendance area is included in the Transportation - Eligibility section.) Summer School is held at the following five elementary school sites during Summer School 2020:

- <u>Creekside</u>: Includes students who will be attending Creekside Elementary School and Royal Oaks Elementary School in the fall <u>Principal</u> - <u>Anne Stanislawski</u>
- <u>Eastside</u>: Includes students who will be attending Eastside Elementary School & Northside Elementary School in the fall <u>Principal - Chad Kuehmichel</u>
- Meadow View: Includes students who will be attending Horizon Elementary School & Meadow View Elementary School in the fall
   Principal - John Barth
- Token Springs: Includes students who will be attending C.H. Bird Elementary School & Token Springs Elementary School in the fall Principal - Lisa Hennessey
- <u>Westside</u>: Includes students who will be attending Westside Elementary School in the fall

Principal - Mark Bussian



## PARENT TEACHER CONFERENCES

Parent-teacher conferences are one of the most useful tools that we have to ensure our children are getting the most from their education. But as helpful as they are, they can be downright stressful for everyone involved. Parents want to get the lowdown on how their children are doing, and teachers want to make sure they communicate everything a parent needs to know about their teaching style and how the child is performing in school — all in a 15-minute block of time.

I have been collecting information around the best way to communicate during a parent-teacher conference. Not just for your 4K conferences but information you can use as your child enters into kindergarten. If you ever have questions that are not answered in a conference PLEASE reach out directly to your child's teacher. They want the best for you and your child. Open communication in the key!

## Ask and answer questions about your child's life

\*May I tell you about my child? No one knows your child better than you do, so it's your job to help your child's teacher learn more.

\*May I tell you about what's going on at home? Situations like illness, divorce or a new baby may affect your child's school experience, so inform your child's teacher of such circumstances.

\*How is my child doing socially/emotionally? A child's social development is just as important as his academic development, and your child's teacher will have made useful observations she can share with you.

## Ask about your child's academic performance

\*What are my child's strengths and weaknesses? Your child's teacher sees him from a different perspective than you do. Ask the teacher what personal weaknesses your child needs to work on, and listen to the response with an open mind. Ask about his strengths, as well, so you can encourage him to continue doing good work.

\*Is my child meeting developmental milestones? At a conference, parents should expect to see examples of their child's work. Each child is different and has different strengths and learning abilities, so don't compare to other students but look at the progress your child is making.

\*Does my child need extra help in any areas? There may be specific things you can do at home to help.

## **End with these important questions**

\*How can I help at home to support what you're doing in the classroom? When parents are more involved, the children tend to struggle less.

\*What's the best way to communicate with you? Find out which method your child's teacher prefers so that you can communicate questions or concerns to them in the best way.

The ultimate goal for both parents and teachers should be to get a well-rounded understanding of what is happening with the child in their day-to-day life, because it informs how they end up performing academically.

Sensory play contributes in crucial ways to brain development. Stimulating the senses sends signals to children's brains that help strengthen neural pathways important for all learning. The materials children work with at the sand and water table have many sensory attributes — they may be warm or cool, wet or dry, rough or smooth, hard or soft, textured or slimy. Discovering and differentiating these characteristics is a first step in classification, sorting- an important part of science learning and discovery.

In addition, sensory play builds <u>language</u> and <u>social</u> skills as the children negotiate with one another to share tools, create stories-building dialogues. Both small/fine and large/gross <u>motor development</u> gets a boost as well, as the children manipulate the medium and tools of the day. <u>Creative</u>, divergent thinking is displayed as the children are invited to explore new ways to use the materials. <u>Cognitive skills</u> are also fostered as the children learn about specific concepts pertinent to the bin's contents.



# **SENSORY PLAY**

# Sight, Sound, touch, smell, taste

From birth children use their senses to understand the world around them. Babies and toddlers touch everything and put everything into their mouths. They experiment with coos and gurgles and stare at their fingers and toes as they wiggle around. All of their senses TOUCH, SIGHT, SOUND, SMELL, TASTE are fully engaged as they learn about the world.

That bin of <u>sand</u>, or <u>foam</u>, or <u>colorful rice</u> is more than just another way to keep kids busy. It is a bustling factory of <u>developmental</u> <u>growth</u>. As we talk with them about what they are observing and sensing we are building language as well as supporting cognitive concepts specific to the experience

#### CLEAN MUD

GRATE 2 BARS OF IVORY SOAP AND MIX
WITH TWO ROLLS OF
RIPPED TOILET PAPER.
ADD 2 CUPS OF WARM
WATER. MIX WITH
HANDS

#### **OOBLEK**

1-PART WATER
2-PARTS CORNSTARCH.
MIX TOGETHER.
THIS SUSPENSION
TURNS INTO A SOLID
HOWEVER, WHEN
TOUCHED IT TURNS
INTO A LIQUID.
ADD FOOD COLORING
COLOR. (DO NOT COVER OR STORE- WHEN
DONE PUT IN GARBAGE
NOT DOWN DRAIN)

#### **CLOUD DOUGH**

2 CUPS FLOUR
1 CUP BABY OIL (OR
VEGETABLE OIL)
MIX TOGETHER,
MAY NEED TO ADJUST
INGREDIENTS TO GET
RIGHT CONSISTENCY.
YOU CAN ADD A SCENT
WITH ESSENTIAL OILS
THAT ARE SAFE ON
SKIN.



# You're Invited to Math Make-It & Take-It Night Hosted by SP4K

# Who:

You! Current SP4K students and their families.

# What:

A night of fun and exciting math games— to play, make, & take home!

# When:

Tuesday, March 3, 2020 5:30-7:00 p.m.

# Where:

Northside Elementary School 230 W. Klubertanz Dr.



**Questions? Please ask your center director or your child's teacher** 





## WHO DO I CONTACT WITH QUES-

The best place is to always start with your child's teacher.

They have close contact with your child and have a deep understanding of their program and can most quickly address any of your concerns.

The next step is to contact your 4K site director. They have a wealth of knowledge and can answer questions about the many site specific policies and procedures.

You can also contact the 4K Program Supervisor to answer questions from a 4K- Sun Prairie School district perspective and help you navigate the school district in general.





## **4K Program Supervisor:**

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## **4K Secretary:**

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