Daily Learning Planner

Ideas parents can use to help children do well in school

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Daily Learning Planner: Ideas Parents Can Use to Help Children Do Well in School—Try a New Idea Every Day!

- ❑ 1. Help your child find the positive side of a difficult situation. For example, "This line is long. Let's play a game while we wait."
- ❑ 2. Have your child set a goal and write a plan to achieve it this year.
- ❑ 3. Tell your child a story about when you were her age.
- ❑ 4. Stage an indoor campout. Use a blanket to make a tent. Eat s'mores and read scary stories.
- ❑ 5. Make up silly words and definitions with your child.
- ❑ 6. Talk to your child about people he admires. Why does he admire them?
- ❑ 7. Open a savings account for your child. Teach her how to record deposits and withdrawals.
- ❑ 8. Review your child's schedule. Does he have enough down time?
- ❑ 9. When you watch TV or videos with your child, ask questions: "Was what that person did a good idea?" "What would you have done?"
- ❑ 10. Ask your child to name something she has done in her life that she is proud of.
- ❑ 11. The next time your child argues with you, try switching roles.
- ❑ 12. Teach your child how to sew on a button today.
- ❑ 13. Remind your child to wash his hands often—before every meal, after sneezing or blowing his nose, and after playing outside, etc.
- ❑ 14. Have your child predict the results of flipping a coin 10 times. Try it and see if she's right.
- ❑ 15. Talk about ways you use numbers at home, like setting the oven timer.
- ❑ 16. Dip a cotton swab in milk. Use it to write your child a secret message. To read it, help him hold the paper over a light bulb (not halogen).
- ❑ 17. Ask your child to design a cover for a favorite book.
- ❑ 18. At some time today, exchange notes with your child instead of talking. This also works when things get noisy!
- ❑ 19. Have your child hold her nose while she eats. Does it affect the taste of the food?
- ❑ 20. Make a crossword puzzle with your child to review spelling words.
- ❑ 21. Take turns pretending to be characters from books your child knows. Ask questions until you figure out who the person is.
- ❑ 22. Ask your child what she would do if she were invisible for a day.
- ❑ 23. Let your child quiz *you* about things he is learning in school.
- ❑ 24. Have your child read to you as you're cleaning up after dinner. Or read to your child as she cleans up!
- ❑ 25. Exercise as a family. Choose an activity everyone will enjoy.
- ❑ 26. Choose a recipe from another country or culture. Prepare it with your child.
- ❑ 27. Turn chores into a game. Assign each chore a number and have your child roll a die to see which one he gets.
- ❑ 28. At dinner, ask everyone to share one thing that made them happy today.
- ❑ 29. Encourage writing by helping your child make her own greeting cards.
- ❑ 30. Talk with your child about the importance of telling an adult when a person is being bullied.
- ❑ 31. Talk with your child about mistakes. How can people learn from their mistakes?

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Tips Families Can Use to Help Children Do Better in School

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