

# Avoiding Homework Battles!!!

☺ “Love and Logic” to the Rescue ☺

Dear Eastside Families,

How many times do we find ourselves caught up in the un-winnable power-struggles over homework battles with our kids? Energy-draining, time-wasting, frustrating, and too often—a lose-lose situation for all involved.

Believe it or not... there's some good news ☺ to be found! With some practical tips, we can enjoy cooperative kids, while building a life-long love of learning:

## #1. Provide choices within limits.

Of course, only give choices that will make you happy—regardless of what your child decides. For example:

- \* *"Do you want to work on math first or reading first?"*
- \* *"Would you like to do the odd problems or the even ones?"*
- \* *"Would you like to read sitting down or standing up?"*

## #2. Refuse to engage in the power struggle.

A child's refusing to do a homework assignment can serve as a more important life-lesson than the content of the assignment itself. The next time your child gets resistant, simply WALK AWAY from the table and say:

- \* *"I love you too much to fight with you about homework."*
- \* *"I'll be happy to help when I see that you want my help."*

## #3. Let your child's grades be his/her grades.

When your kids' grades are poor, be sad for them. Using empathy—rather than anger—dramatically increases the odds that they'll actually feel bad about getting bad grades. When this begins to happen, the consequence comes from inside the child... rather than us having to provide one from the outside.

## #4. Build them up in their strengths.

Kids who make a lot of mistakes also need to experience plenty of success. That's why it's so important to encourage them to spend time and energy on their strengths. Celebrating their successes cements our relationship AND gives them the courage to tackle the tough stuff!

*Thanks for Reading!!! ☺*

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☺ For more practical parenting ideas, check out [www.loveandlogic.com](http://www.loveandlogic.com)

