

# Daily Learning Planner

*Ideas parents can use to help children  
do well in school*

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**PARENT**  
INSTITUTE®

## December 2019

## Daily Learning Planner: Ideas Parents Can Use to Help Children Do Well in School—Try a New Idea Every Day!

- ☐ 1. Glue a picture of your child to a piece of paper. Have him draw things that represent what is special about him around the picture.
- ☐ 2. Share the responsibility for holiday preparations. When kids help, they appreciate holidays even more.
- ☐ 3. Teach your child how to disagree respectfully.
- ☐ 4. Many people celebrate holidays in December. What holidays can your child name? Talk about why each one is special.
- ☐ 5. Declare today Compliment Day. At dinner, have everyone tell about the compliments they paid to others.
- ☐ 6. Help your child figure out the average height of family members.
- ☐ 7. As a family, do something to beautify your area, like picking up litter.
- ☐ 8. Give your child a large piece of white paper. Ask her to draw or paint some winter decorations.
- ☐ 9. Create an art gallery with your child. Frame his artwork. Yard sales are great places to find inexpensive frames.
- ☐ 10. At the grocery store, have your child estimate how many apples are in two pounds. Use the scales to check.
- ☐ 11. Create a family logbook. Everyone can jot down thoughts, reminders and accomplishments.
- ☐ 12. Ask your child to add up all the change in your pocket or purse. Help her practice making change.
- ☐ 13. Ask your child "what if" questions. "What if it never rained?"
- ☐ 14. As you do errands, help your child talk with people about their jobs.
- ☐ 15. Pretend to go back in time with your child. Pick a period of time and reenact an event together.
- ☐ 16. Look at family photos. How many relatives can your child name?
- ☐ 17. Read a favorite fairy tale to your child.
- ☐ 18. Hide an object and give your child three easy clues to find it. Praise him for following directions when he is successful.
- ☐ 19. Help your child make a list of 10 things she learned in 2019.
- ☐ 20. Play a board game as a family this evening.
- ☐ 21. Allow a few minutes after lights are out for a quiet chat with your child.
- ☐ 22. Try blowing bubbles with your child in freezing weather. How does the cold affect them? Look for ice forming on the bubbles.
- ☐ 23. Make tonight a screen-free night. Tell stories instead.
- ☐ 24. Together, list all the things that make your family members thankful.
- ☐ 25. Give your child a gift certificate good for one special activity with you.
- ☐ 26. Have each family member make a list of his or her strengths. Read them aloud. Add to one another's lists.
- ☐ 27. Let your child invite a school friend over. Pop popcorn or make ice cream sundaes.
- ☐ 28. Visit an art museum with your child and talk about the paintings.
- ☐ 29. Ask your child, "What is your favorite book? Why?"
- ☐ 30. Have your child close his eyes and tell you everything he hears.
- ☐ 31. Ask your child to help you organize something, such as a closet or junk drawer.

**Helping Children Learn®**

Tips Families Can Use to Help Children Do Better in School

