



Club Pilates is proud to partner with the Sun Prairie School District!

FREE INTRO CLASS + 10% OFF MEMBERSHIPS AND \$0 ENROLLMENT

Club Pilates is a low-impact yet challenging workout that enhances your mind-body connection. Club Pilates helps lengthen and strengthen your muscles, and creates space for mental clarity and awareness. The classes are safe and effective for any age, and inclusive to every *body*.

Club Pilates and its supportive community will become the foundation of your workout routine and help you move better, feel better + live better.

CONTACT US AT THE STUDIO TO RESERVE YOUR FREE INTRO CLASS OR VISIT:

WWW.CLUBPILATES.COM/SUNPRAIRIE

To take advantage of this special offer, simply present your work ID badge or business card to the front desk.



EVERYBODY NEEDS PILATES.

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