

2022-2023 School Year – 9th – 12th Grade

FIELD TRIP

The School Nutrition Department is offering a **Power-Packed Lunch** for field trips.

On _____
your child's classroom is going on a field trip that will require a sack lunch. Your child may sign up for this **Power-Packed Lunch** or bring lunch from home.

Please complete this form and return it to your child's teacher no later than _____ to reserve a lunch.



Chaperones may also purchase a **Power-Packed Lunch** at the adult price of \$4.25. (*Money cannot be taken out of child's account for the parent lunch.*)
Please enclose money when you return your request for a Power-Packed Lunch.

Teacher _____

Chaperone _____
(Parent purchasing a Power-Packed Lunch \$4.25 enclosed)

Student's Name _____ ID# _____
(Student signing up for a Power-packed lunch)

Sandwich Choices (*check one*)

- ☐ Peanut Butter & Jelly Sandwich
(May not be an option due to classroom Food Allergies)
- ☐ Sliced Ham
- ☐ Sliced Turkey

Drink Choices

- ☐ White 1% Milk
- ☐ Chocolate Skim Milk
(Fruit Juice included as fruit below)

POWER-PACKED LUNCH INCLUDES:

Sandwich on a whole grain bun – $\frac{3}{4}$ Cup Fresh Vegetables –
100% Fruit Juice Box – SunChips – One Fruit Choice
(Mustard & Mayo Packet, Napkin)

In order to accommodate all field trips, this form **must be received** by the building kitchen staff by 1:00 p.m., **fourteen days prior to the field trip.**

Date Received _____