

Love & Logic One-Liners

☺ "Love and Logic" to the Rescue ☺

Here are some helpful Love-and-Logic "One Liners" to try... the next time you find yourself at a loss for words—especially for those times when your kiddo throws a "zinger" at you. Remember, the key is to stay CALM & matter-of-fact. CALMLY repeat if needed, and then calmly walk away from your child—after your child says the following:

Child: "IT'S NOT FAIR!"

Parent: "Probably so." "Love you too much to argue."

Child: "I HATE YOU!"

Parent: "That's sad. But I still love you."

Child: "EVERYBODY ELSE GETS TO DO IT!"

Parent: "What do you think I think about that?"

Child: "I'M NOT DOING IT... AND YOU CAN'T MAKE ME!"

Parent: "Oh... No problem... There's no hurry. Just have it done before your next meal."

Child: "BUT I'M THE ONLY ONE WHO EVER HAS TO!"

Parent: "I bet it feels that way to you."

Child: "WE DON'T HAVE ANY HOMEWORK! MY TEACHER LET US DO IT AT SCHOOL!"

Parent: "Oh, honey. Do I look like I believe that?"

Child: "I REALLY, REALLY NEED THOSE \$200.00 BASKETBALL SHOES!"

Parent: "Go for it! I'll donate \$35 bucks. When you earn the rest, you'll have them. I'm excited for you, and I can't wait to see you wearing them!"

Child: "YOU NEVER..." *or* "YOU ALWAYS..."

Parent: "I bet it looks that way. Tell me more."

Child: "I'M SICK OF YOU! I'M GOING TO LIVE WITH DAD!"

Parent: "I love you wherever you live."

Child: "YOU DON'T LOVE ME!!!"

Parent: "Nice try ☺"

Child: "BUT... DAD SAID THAT I COULD!" *or* "BUT... DAD LETS ME DO IT!"

Parent: "Thanks for telling me that... Aren't you lucky to have parents who are different from each other?"

Child: - "I CAN'T DO IT... IT'S TOO HARD... I'M SO STUPID!!!!"

- "YOU LIKE HIM/HER BETTER THAN ME!!!!"

- "NOBODY LIKES ME!!!!"

- "I HATE YOU!!!!"

Parent: "Aren't you glad that I don't believe that?"

Thanks for Reading ☺

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☺ For more practical parenting ideas, check out www.loveandlogic.com

