

2019-20 School Year – Middle School

FIELD TRIP



The School Nutrition Department is offering a **Power-Packed Lunch** for field trips.

On _____ your child's classroom is going on a field trip that will require a sack lunch. Your child may purchase this **Power-Packed Lunch** using their lunch account. If you qualify for free or reduced meals this lunch will be provided at the rate at which you currently qualify.

Please complete this form and return it to your child's teacher no later than _____ to reserve a lunch.



Chaperones may also purchase a **Power-Packed Lunch** at the adult price of \$3.80. (*Money cannot be taken out of child's account for the parent lunch.*)

Please enclose money when you return your request for a Power-Packed Lunch.

Teacher _____

Chaperone _____
(Parent purchasing a Power-Packed Lunch \$3.80 enclosed)

Student's Name _____ ID# _____
(Student purchasing a Power-Packed Lunch – charge to account)

Sandwich Choices (*check one*)

- ☐ Peanut Butter & Jelly Sandwich
(May not be an option due to classroom Food Allergies)
- ☐ Sliced Ham
- ☐ Sliced Turkey

Drink Choices

- ☐ White 1% Milk
- ☐ White Skim Milk
- ☐ Chocolate Skim Milk
(Fruit Juice included as fruit below)

POWER-PACKED LUNCH INCLUDES:

Sandwich on a whole grain bun – $\frac{3}{4}$ Cup Fresh Vegetables – 100% Fruit Juice Box – Bag of Crackers – One Fruit Choice (Mustard & Mayo Packet, Napkin)

In order to accommodate all field trips, this form **must be received** by the building kitchen staff by 1:00 p.m., **fourteen days prior to the field trip.**

Date Received _____