

# 2019 Volleyball Practice Schedule

**AUGUST**

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	Contact Day 3-6pm	Contact Day 3-6pm		1	2	3
4 Varsity CVA League	5	6	7	8	9	10
11	12 HS Molten Volleyball Camp 8am - noon	13 HS Molten Volleyball Camp 8am - noon	14 HS Molten Volleyball Camp 8am - noon	15	16	17
18	19 Tryouts 9am - noon (gr 9-12) 2pm - 5pm (gr 10-12)	20 Tryouts 9am - noon (gr 9-12) 2pm - 5pm (gr 10-12)	21 Tryouts 9am - noon (gr 9) 9 - 11:30am (gr 10-12) 2pm - 4pm (JV & Var)	22 Frosh Tryouts Noon - 2:30pm  JV & Var 10am - noon 3 - 5:30pm  ALL Teams Parent Meeting 5:30pm	23 All Teams 8:30 -noon  Noon - 2pm Varsity Team Building	24 Varsity Scrimmage @ Waunakee
25	26 Varsity Practice 1:00 - 3:30pm Varsity serve at Sunshine Supper JV & Frosh Scrimmage @ Lodi	27 All Teams 3:45 - 6pm	28 All Teams Pictures 2:30pm All Teams 3:45 - 6pm	29 Varsity Cardinal Invite (ALL teams need to help work)	30 Varsity Cardinal Invite (ALL teams need to help work)	31

# Summer Opportunities

## Contact Days

Date	Time	Location	What?
Mon, June 17	9:30am-noon	PVMS	Sand VB tourney
Mon, July 22	3pm-6pm	HS	Practice
Tues, July 23	3pm-6pm	HS	Practice
Mon, July 29	3pm-6pm	HS	Practice
Tues, July 30	3pm-6pm	HS	Practice

Get your physicals done!!!